

REGULATIONS OF THE GARDEN RING CYCLE RACE

Moscow

1. Organization

The Garden Ring Race is hosted by the National Amateur and Veteran Cyclists Association with the support of the Moscow Government. The race is held under the road cycling racing rules of the Russian Cycling Federation.

Date of race: May 20, 2018

2. Race program

07.00 – 08.20 Registration, start packages dispatch
08.30 – 8.50 Start line-up
08.50 Male start
08.55 Female start
11.00 – 12.00 Award ceremony

Start – finish arch: the Garden Ring (inner side) opposite Academic Sakharov street.

Women: 2 laps – 31 km

Men: 5 laps – 78 km

3. Participation

Athletes from Amateur and Masters categories from constituent units of the Russian Federation, as well as the CIS and non-CIS states are allowed to take part in the race.

Age categories:

Amateurs

Men 19 – 29 yrs

Men 30 – 39 yrs

Men 40 – 49 yrs

Men 50 – 59 yrs

Men 60 and over

Masters

Men 30 – 39 yrs

Men 40 – 49 yrs

Men 50 and over

Women

Women 19 – 29 yrs

Women 30 and over

Professional athletes and athletes awarded with Elite licenses in the past 3 years both men and women are not allowed to take part in the race.

The Organizer can deny or suspend a team or one of its members from the competition should their participation put in danger the image or reputation of the Organizer or the race itself.

4. Registration

Signing up for the race is open at www.cyclingrace.ru.

Mandatory requirement: To get a start number in the Organizer's office, one should submit the following documents:

- Passport or another document confirming identity of the registered participant;
- Medical certificate or another document confirming absence of any contra-indications for going in for competitive cycling.

Participants that fail to provide the above documents will not be allowed to take part in the race.

5. Organizer's Office

The Office will operate:
May 14-18, 2018 from 10.00 till 20.00
May 19, 2018 from 10.00 till 20.00
at Room 109, 10 Krylatskaya street, Moscow.

All registered participants shall obtain start numbers and transponders for the race in the Organizer's Office within the established period. After the race, the participants shall hand in transponders to the timing company located near the finish zone of the race.

6. Technical requirements

Bicycle requirements:

- Bicycles shall conform to the technical requirements for road group races;
- Any devices including TT handlebars, mounted or fitted on the bicycle to lower wind resistance and facilitating forward-moving, for instance, protective screen, fuselage, air shape improvement fixtures, etc. are prohibited.
- Wheel- or fork-mounted bags, rear and under the saddle bottle holders, metal or glass water bottles are prohibited.
 - Only standard bicycle wheels are allowed. The use of disc and blade wheels is prohibited.

Sports equipment:

- Each participant shall ensure that their equipment and helmet is of proper quality not posing any danger to themselves or other cyclists.
- The organizer shall not be held liable neither for consequences of improper selection of equipment by license holders, nor for any defects or inconsistencies in the selected equipment. The equipment used must comply with the quality and safety standards.
- **Wearing of fastened safety helmets during the race is mandatory.**

7. Radio communications

The use of radio communications or other electronic communication devices by cyclists or with other cyclists, as well as carrying any equipment that can be used for such purposes, is strictly prohibited during the race.

8. Technical support

Technical support is provided by the National Amateur and Veteran Cyclists Association in the start and finish zones. Neutral technical assistance during the race will be carried out by three vehicles. Technical support cars of various clubs can follow cyclists in a motorcade upon paying the fee in the amount of 50 thousand rubles to the race organizers. All vehicles allowed on the track should have a maximum height of 1.66 m (excluding roof rails).

Drivers of such vehicles should be familiar with the competition rules and strictly obey the instructions of race facilitators and the organizer. Drivers should comply with the relevant provisions of the Traffic Regulations applicable in the country, and in particular, they should:

- Ensure that their vehicle is in good condition and functions properly;
- Ensure that they are able drive without violating any rules in any way, for example, due to fatigue or alcohol, drugs, medicines or any other substances that may affect their driving skills;
- Drive carefully to ensure safety of participating cyclists and spectators, as well as other vehicles;
- Refrain from any actions that might distract their attention from the road and traffic.

Drivers should never:

- Allow cyclists to hold onto their vehicle;
- Start moving and overtake facilitators' cars or motorcycles without prior permission.

9. Time restrictions

Any cyclist who is more than one lap behind at the moment the leading cyclists cross the finish line, shall finish the race at the next passing of the start/finish arch. These cyclists shall be awarded official finish time with indication of the number of laps completed.

10. Award ceremony

The award ceremony will take place in the start/finish area.
All prize-winning cyclists should take part in the official award ceremony.

11. Organizers of the race

Phone: +7 (916) 037 37 90

12. Environmental protection

Cyclists and maintenance staff shall not pollute the environment and leave any garbage on the track and at the site.